



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">November 2017</h1> <h2 style="margin: 0;">Reikai Centres At Sherbourne Place</h2>						
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			10:30 November Trivia (4) 2:00 Sing Along (3) 3:00 1:1 Face to Family (All) 4:00 Baseball Game (3) 6:00 Relaxation (3)	10:30 Rise and Shine (2) 2:00 Beauty Bar (CH) 2:30 Discovery Series: Hearth & Heart (CH) 3:30 Musical: Celtic Women (2) 6:15 PUB NIGHT (CH)	10:00-2:00 Art Therapy (CR) 10:30 Catholic Mass (CH) 1:30 Foosball Fridays (CR) 2:15 Chinese Theatre Performance (DR) 3:30 1:1 Reading Together (2) 4:00 Volleyball (3) 6:15 Friday Night Film: Young Frankenstein (CH)	10:30 Seated Exercise (4) 10:30 Hymn Sing (3) 2:00 Chinese TV Show (3) 4:00 Fitness Club (3) 4:00 Shuffle Board (CR)
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
11:00 Virtual Mass (CH) 2:15 BINGO (CH) 4:00 Sports Club (3) 4:00 1:1 Sunday Stroll (O) 6:00 iPad Fun (3)	10:30 Reality Orientation (4) 1:00 1:1 Mind-Body Balance (4) 2:00 Taste Congee (3) 3:00 1:1 Mini Putt (4) 4:00 Football (3) 6:00 Snoezelen Therapy (3)	10:00 Pet Therapy (All) 11:00 War Time Trivia (4) 2:30 Tai Chi (CH) 2:30 Crafter's Corner: Painter Easles (CH) 3:30 1:1 War Stories (2) 6:30 Movie Night: Romance (CH)	10:30 Creative Movement (2) 10:30 Reminisce: Pictures (3) 10:15 1:1 Trivia (4) 1:00 1:1 Music Therapy (4) 2:00 St. Luke's Sing Along (CH) 2:00 1:1 Music Therapy (3) 3:00 Face to Family (All) 3:00 1:1 Music Therapy (2) 4:00 Baseball (3) 6:30 Aromas & War Stories (4)	9:30 Rise & Shine (2) 10:00 Painting Poppies (3) 10:00 Remembrance Poem (4)	10:30 Parachute (2) 2:00 Space Retrieval (3) 2:00 Discussion Group: Remembrance Day (CR) 3:30 1:1 Reading Together (2) 4:00 Volleyball (3) 6:30 Relaxation (3)	10:30 CBC Remembrance (CR) Day Ceremony 10:45 Buddhist Temple (CH) 2:30 Remembrance Day (CH) Service with Berea Choir <small>Veterans Day (US) Remembrance Day (Canada)</small>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
10:30 Hymns & Prayers (CH) 2:15 BINGO (CH) 4:00 1:1 Sunday Stroll (O)	10:30 Montessori/Matching (3) 12:30 Cook With Lucy (3) 2:00 Fried Noodle Social (3) 2:30 Welcome Committee (CR) 2:30 Colour my world (2) 3:30 Foosball (CR) 4:00 Football (3) 6:30 1:1 iPad Fun (2)	10:00 Pet Therapy (All) 10:30 Reality orientation (3) 4:00 Basketball (3) 6:30 Movie Night: Classics (CH) <b>OUTING: 11:00PM – 2:00PM Resident Council Mandarin Lunch</b>	10:30 Friendly Visits (4) 2:30 Christian Short Mission service (CH) 3:00 Face to Family (All)	10:30 Rise and Shine (2) 2:00 Beauty Bar (CH) 3:30 Musical: Celtic Thunder (2) 7:00 Smile Theatre (DR) Performance: The Gift of Magi	<b>Multicultural Day: INDIA</b> <b>10:00-2:00 Art Therapy (CH)</b> 10:30 Travel in India (3) 10:30 Indian music (2) 1:30 East Indian Language (4) 2:30 Cultural Day Party (DR) 6:15 Friday Night Film: The Darjeeling Limited (CR)	10:30 Hymn Sing (3) 10:30 Stretch & Relax (2) 2:00 Chinese TV Show (3) 2:30 Auction (CH) 4:00 Fitness Club (3) 3:30 1:1 Sort & Match (2)
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
10:30 Hymns & Prayers (CH) 12:30 Toronto Santa Claus Parade & Hot Chocolate Social (CR) 2:15 BINGO (CH) 4:00 Sports Club (3) 6:00 iPad Fun (3)	<b>Outing: 10:45PM-2:45PM Dragon Pearl Buffet</b> 10:30 Reality Orientation (4) 11:00 Instrumental Morning (4) 2:00 Dim Sum Social (3) 3:00 1:1 Mini Putt (4) 4:00 Football (3)	10:00 Pet Therapy (All) 11:00 Quiz Show Challenge (4) 10:00 Intergeneration Visits (CH) 10:00 Chinese Christian Group Visits (3) 2:30 Tai Chi (CH) 2:30 Crafter's Corner: Terrariums (CH) 3:30 Ball Toss (2) 6:30 Movie Night: Comedy (CH)	10:30 Creative Movement (2) 10:30 Reminisce: Pictures (3) 1:30 Friendly Visits (4) 2:00 St. Luke's Sing Along (CH) 2:00 Bingo (3) 3:00 Face to Family (All) 4:00 Baseball Game (3) 6:30 Aromas & Readings (4) <b>Outing: 1:30PM-4:00PM Variety Village Pool</b>	10:30 Rise and Shine (2) 11:00 Montessori/Matching (3) 2:15 Birthday Party (CR) 4:00 Volleyball (3) 6:15 PAINTING PARTY (CR) <small>Thanksgiving Day (US)</small>	10:30 Parachute (2) 2:00 Space Retrieval (3) 2:00 Board Game: Jenga (CR) 3:30 1:1 reading together (2) 4:00 Volleyball (3) 6:30 Relaxation (3)	11:00 Luca's Shake & Bake (CR) <b>2:30 Berea Choir (CH)</b> 4:00 Shuffle Board (CR)
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
11:00 Virtual Mass (CH) 2:15 BINGO (CH) 4:00 1:1 Sunday Stroll (O)	10:30 Deck the Halls (All) 10:30 Montessori/Matching (3) 2:15 Dim Sum Social (3) 2:30 Colour my world (2) 3:00 1:1 Mini Putt (4) 3:30 Foosball (CR) 4:00 Football (3) 6:30 1:1 iPad Fun (2)	10:00 Pet Therapy (All) 10:30 Deck the Halls (All) 2:00 Cantonese Opera (3) 2:00 Tai Chi (CH) 3:30 Anglican Service (CH) 4:00 Basketball (3) <b>OUTING: 5:00PM – 10:00PM Movie Theatre</b>	10:30 Deck the Halls (All) 1:00 Sing along (CH) 3:00 Face to Family (All) 6:00 Relaxation (3)	10:30 Rise and Shine (2) 3:30 Musical: Andre Rieu in Semperopen Ball (2) 5:30 Friendly Visits (All) Outing: 1:00PM-4:00PM Historical Museum Tour	<p>Location of Programs: 2: 2<sup>nd</sup> floor 3: 3<sup>rd</sup> floor 4: 4<sup>th</sup> floor CH: Chapel DR: Dining Room 1:1/All: Individual Rooms CR: Craft Room</p> 