

345 Sherbourne Street, Toronto, ON M5A 2S3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1:00 - Hello November! - 4 2:00 - DIY Diwali Decor - CR 3:00 - Autumn Strolls - 4R 6:30 - 1:1 Virtual STM Chat - All Outing: Dufferin Mall 1:00pm - 5:00pm	2 9:15 - Reality Orientation - All 1:30 - Be Dazzled - CR 3:30 - Audiobook Club - 2 6:00 - Sensory Therapy - 2	3 9:30 - Volleyball - 3 10:00 - Moment of Gratitude - 2 11:00 - Fancy Nails - 2 2:00 - Board Game - 3 2:00 - Tuck Shop - 4R 3:30 - Reminiscing - 3R 3:30 - Spin it To Win it! - 2R 3:30 - Forget Me Not - All 6:30 - Zen Garden - 4R	4 9:00 - Stroll to Fresh Air - 3R 10:00 - Active Mornings - 2 11:00 - Garden Care - 2 1:00 - Everybody's Favorite Cooking Show - CR 1:00 - A Wreath to Remember - All 2:30 - Cantonese Opera - 3 3:00 - Fresh Air Break - 4R 6:00 - Diwali Virtual Celebration - CR Happy Birthday Ahmed A.!	5 10:00 - Reikai Radio - 2 11:00 - This Day in Sports - 2 1:30 - Volleyball - 3 2:00 - Happy Hour & Games - CR 2:30 - Coffee and Conversation - 3 6:00 - Relaxation - 3	6 10:00 - Good Morning News - 4R 11:00 - Combat Boots - All 2:00 - Walk & Roll - All 4:00 - Brain Games - 4R
7 10:00 - 1:1 Communion - All 10:00 - Spiritual Sunday - 4R 11:00 - Victoria Cross - All 2:00 - Matinee: Born Yesterday - 4 3:00 - Fancy Nails - 4R Happy Birthday Valeria P.!	8 10:00 - Montessori - 3 1:30 - Residents' Council - CR 2:30 - Coffee & Donuts For Alzheimer's! - DR 3:00 - Autumn Strolls - 4R 6:30 - 1:1 Virtual STM Chat - All	9 9:30 - Basketball - 3 11:00 - Craft - 3 1:30 - Balloon Volleyball - 2 2:30 - Reality Orientation - 2R 3:00 - Chinese Music - 3 3:15 - Anglican Church Service - CH 6:00 - 1:1 Aromatherapy 2R	10 1:00 - Rec Check! - 4R 2:00 - Teddy Bear at War - All 2:00 - Tuck Shop - 4R 2:30 - LGBTQ Concert - 3 3:00 - Remembering Vimy Ridge - All 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R 6:30 - Zen Garden - 4R	11 10:00 - Let's Remember: Poppy Wreath Craft - 2 10:30 - Remembrance Day Virtual Ceremony - All 11:00 - Social Horticulture - 2R 1:00 - Everybody's Favorite Cooking Show - CR 1:00 - Heroes Remember: D Day - All 3:00 - Fresh Air Break - 4R 6:00 - BINGO - CR Remembrance Day	12 Cultural Day: Angola! 10:00 - Virtual Outing Angola - 3R 10:30 - Virtual Pet Therapy - All 11:00 - Make that Dessert: Angola Coconut Dessert Sauté - CR 1:00 - Music of Angola - CR 1:00 - Happy Hour - 3 1:30 - Volleyball - 3 3:30 - Virtual Angola Safari Tour - 2R 3:30 - Fun Facts: Angola - 4	13 10:00 - Dance to Fitness - 2 10:00 - Hymn Sing - 3 2:00 - Board Game - 3 2:00 - Sip N Paint - 2 3:00 - Nature Series - 2 4:00 - Stroll to Fresh Air - 3
14 10:00 - Religious/Spiritual Connection - 2R 1:30 - Bingo - 3 2:30 - Baseball - 3 2:30 - Bingo - 2 3:00 - 1:1 iPad Fun! - 3 3:30 - Movie Matinee - 2	15 1:00 - LGBTQ2S+: Patrick Hunter - CR 1:30 - Creative movement - 3 3:00 - Autumn Strolls - 4R 3:00 - Chinese Movie - 3 6:00 - Relaxation - 3 6:30 - 1:1 Virtual STM Chat - All	16 9:15 - Reality Orientation - All 10:30 - Catholic Mass - CR 1:30 - Be Dazzled - 2 3:30 - Audiobook Club - 2 6:00 - My Favorite Oldies Movie - 2	17 9:30 - Volleyball - 3 10:00 - Sunny Side Up: Self Love - 2 11:00 - Fancy Nails - 2 1:00 - Rec Check! - 4R 2:00 - Birthday Party Celebration Cart! - All 3:30 - Reminiscing - 3R 3:30 - Balloon Badminton - 4 3:30 - Spin it To Win it! - 2 6:30 - Zen Garden - 4R	18 9:00 - Stroll to Fresh Air - 3R 1:00 - Garden Club - 4 2:30 - Cantonese Opera - 3 3:00 - Fresh Air Break - 4R 6:00 - BINGO - CR Outing: Royal Ontario Museum 1:00pm - 5:00pm	19 10:00 - Reikai Radio - 2 11:00 - This Day in Sports - 2 1:30 - Volleyball - 3 2:30 - Coffee and Conversation - 3 2:30 - Happy Hour & Games - 2 6:00 - Relaxation - 3	20 10:00 - Good Morning News - 4R 2:00 - Walk & Roll - All 4:00 - Brain Games - 4R
21 10:00 - 1:1 Communion - All 10:00 - Spiritual Sunday - 4R 2:00 - Matinee: The Quiet Man - 4 3:00 - Fancy Nails - 4R	22 9:00 - Cooking Class - CR 10:00 - Montessori - 3 1:00 - Sharp Brain - 3 1:30 - Balloon Volleyball 1:30 - Gender Sexuality Alliance (GSA) - CR 2:30 - Reality Orientation - 2 3:00 - Autumn Strolls - 4R 6:00 - 1:1 Aromatherapy - 2R 6:30 - 1:1 Virtual STM Chat - All Happy Birthday Kenchan D.!	23 9:30 - Basketball - 3 11:00 - Craft - 3 2:00 - Christmas Photo Booth - All 3:00 - Chinese Music - 3 3:15 - Anglican Church Service - CH 3:30 - Audiobook Club - 2 6:00 - Everybody's Favorite Oldies Movie - 2	24 1:00 - Rec Check! - 4R 2:00 - Tuck Shop - 4R 2:30 - Christmas Photo Booth - All 3:30 - Balloon Badminton - 4 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R 6:30 - Zen Garden - 4R	25 9:00 - Christmas Decoration - DR 10:00 - Active Mornings - 2 11:00 - Social Horticulture - 2 1:00 - Everybody's Favorite Cooking Show - CR 1:00 - Garden Club - 4 2:30 - Christmas Photo Booth - All 3:00 - Fresh Air Break - 4R 6:00 - BINGO - CR	26 9:00 - Christmas Decoration - CR 10:30 - Virtual Pet Therapy - All 11:00 - Busy Hands - 2 1:00 - Happy Hour - 3 1:30 - Volleyball - 3 2:00 - I love Lucy - 3 2:30 - Happy Hour & Games - 2 Outing: IMAX Theatre 10:00am - 12:30pm	27 10:00 - Hymn Sing - 3 10:00 - Music and Groove - 2 2:00 - Board Game - 3 2:00 - Best Clown Face - 2 3:30 - Nature Series - 2 4:00 - Stroll to Fresh Air - 3
28 10:00 - Religious/Spiritual Connection - 2R 1:30 - Bingo - 3 2:00 - Bingo - 2 2:30 - Baseball - 3 3:00 - 1:1 iPad Fun! - 3 3:30 - Movie Matinee - 2	29 9:00 - Christmas Decoration - DR 1:00 - Colour Club - CR 1:30 - Creative movement - 3 3:00 - Autumn Strolls - 4R 3:00 - Chinese Movie - 3 6:00 - Relaxation - 3 6:30 - 1:1 Virtual STM Chat - All	30 10:30 - Welcome December! - All 2:30 - Be Dazzled - 2 2:30 - Baking Fresh Bread - CR 3:30 - Audiobook Club - 2 6:00 - Sensory Therapy - 2R 2nd Floor Holiday Dinner 6:30pm - 8:30pm				

2 - 2nd Floor Activity Room

2R - 2nd Fl 1:1 Resident Room

3 - 3rd Floor Activity Room

3R - 3rd Fl 1:1 Resident Room

4 - 4th Floor Activity Room

4R - 4th Fl 1:1 Resident Room

All - All

CH - Chapel

CR - Craft Room

DR - Dining Room