

The Reporter

The Reikai Centres: Sherbourne Place * 345 Sherbourne St * Tel: 416-964-1599* Fax:416-964-3907



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A Message from the Manager of Programs and Volunteer Services...

August is here and it's a hot one! Make sure you wear sunscreen and bring your hats when heading outdoors and enjoying this beautiful weather!

August is shaping up to be a very busy month! Please make sure you are checking your calendars to keep up with all the fun programs and outings the Life Enrichment Department has planned for you.

August Highlights:

August 2nd – Birthday Party
August 11th – Buddhist Group
August 13th – Men's Club
August 14th – Residents' Council
August 15th – Poker Night
August 16th Cultural Day: Indonesia
August 16th – Horticultural Therapy
August 22nd – LGBTQ2S+ Short stories
August 25th – Ladies Club
August 29th – Swiss Chalet Lunch Club
August 30th – Memorial Service

BBQ Lunch every other Friday
August 10th & 24th

Outing Schedule:

August 1st – Harbourfront Boat Tour
August 10th – Sunshine Center
August 20th – Blue Jays Game
August 23rd – Niagara Falls Casino Trip

Have a wonderful month everyone!
Stay Cool!

Kayla Johnston
Manager of Programs and Volunteer Services

RESIDENTS COUNCIL

JOIN US TO DISCUSS
IMPORTANT ISSUES
THAT IMPACT YOU!

DATE: August 14th 2018

TIME: 1:30PM

WHERE: CRAFT ROOM

DO WHAT
MAKES YOU
HAPPY, BE
WITH THOSE
WHO MAKE
YOU SMILE, AND
LAUGH AS
MUCH AS YOU
BREATHE.

COURTESYALPHOTO.COM

Cultural Day

Our multicultural day
this month will be
held on

August 16, 2018.

We will be celebrating
Indonesia!

Some of the programs
you can participate in
are Discussions,
Crafts, and Cultural
Day Party!



Happenings at Sherbourne Place

August 1st – Harbourfront Boat Tour

August 2nd – Cooking with Cristina

August 3rd – Roman Catholic Church

August 6th – Birthday Party

August 10th – Sunshine Center

August 11th – Buddhist Group

August 13th – Men's Club

August 14th – Residence Council

August 15th – Poker Night

August 16th Cultural Day: Indonesia

August 16th – Horticultural Therapy

August 17th – What's in the Box?

August 19th – Virtual Mass

August 20th – Blue Jays Game

August 22nd – LGBTQ2S+ Short stories

August 23rd – Niagara Falls Casino Trip

August 25th – Ladies Club

August 29th – Swiss Chalet Lunch

August 30th – Memorial Service



Local & Community Happenings in August 2018



Land/ Water/Sky

Members of the Scarborough Museum Youth Collective present photographic works that reflect their connection to the land, water and sky. Youth created their pieces in art workshops led by Wyandot Artist/Mentor and Faith Keeper Catherine Tamaro.

Cost: Pay what you can.

When: April 1 2018 – August 30 2018

Where: Scarborough Museum, Scarborough



Hockey Hall of Fame Stanley Cup 125th Anniversary Tribute

Celebrating 125 years of hockey's greatest treasure. If the Stanley Cup could talk, imagine the stories it could tell. Get hands-on-access to the Stanley Cup and immerse yourself into the rich history of Hockey's Holy Grail. Catch this limited-time tribute which ends December 31, 2018. This event takes place Every Tuesday from 10 am-5 pm. Cost: \$15.00 for seniors' ticket.

When: March 27 2018 – December 31 2018

Where: 30 Yonge Street, Toronto



Taste of the Danforth

Take in the Taste of the Danforth and celebrate the flavours of Greece and summer in the city. Every year in August, the city of Toronto flocks to GreekTown on the Danforth and gets to be Greek for a day!

Dozens of tasty food stations from Danforth's amazing array of multi-ethnic restaurants line the road. Get your fill of authentic souvlaki, stuffed grape leaves, grilled lamb and moussaka. There are a number of exhibitors offering contests, prizes and free samples, plus live music and dance. Opa!

When: August 10th – 12th

Where: Along Danforth Avenue

Local & Community Happenings in August 2018



Toronto Caribbean Carnival

An exciting cultural explosion of Caribbean music, cuisine, revelry and visual and performing arts. Over fifty years it has become a major international event and the largest cultural festival of its kind in North America. Grand Parade - By far the largest event of The Toronto Caribbean Carnival, the Grand Parade attracts local, regional, national and international spectators and media. Colourful masqueraders will show off their elaborate costumes as they make their way from the assembly area at Exhibition Place along a 3.5-kilometre stretch on Lake Shore Boulevard. Wrap up the carnival in style!

When: August 6th 2018

Shakespeare in High Park

Now in its 36th season of outdoor theatre magic, Shakespeare in High Park presents adventurous adaptations of two of the Bard's most popular and enduring works. The tragic romance of Romeo and Juliet and the frolicking comedy of A Midsummer Night's Dream immerse you in tales of rebellious love in the face of authority — the best way to spend a summer night in Toronto, and the official start to our 18.19 season.

When: Every Wednesday from July 6 2018- September 2 2018

Where: High Park Amphitheatre, Toronto



Arts in the Park: Music in St. James Park

Arts in the Parks brings free, family-friendly arts events and activities to a park near you. Think theatre performances, dance classes, workshops, movies, festivals and more, right in your backyard! Enjoy the best local Toronto talent on the gazebo stage in St. James Park every Thursday night 7pm - 9pm June through August. New this year in the series are our monthly swing nights. Try a free dance class at 6:30pm with Swing Toronto and then practice your moves with our featured Swing band. Swing nights are on June 28, July 19 and Aug 30. FREE ADMISSION.

When: August 16 2018 from 7:00 pm-9:00 pm

Where: St. James Park- 120 King Street East, Toronto



Local & Community Happenings in August 2018



CNE HorseCapades

Considered the unofficial start to the CNE, HorseCapades kicks off with its beloved program designed to introduce the young, and the young at heart alike, to the magical world of horses. Visitors with little ones can trot over to the Horse Palace, which features interactive and educational activities such as Guess a Horse's Weight, learning about a horse's nutrition and grooming, battery-operated mini tractor rides, and can't miss opportunities to pet the horses and enjoy free pony rides (for children under 10 years of age). FREE.

When: Every Monday July 28 2018- August 16 2018
Where: Canadian National Exhibition- 15 Nova Scotia Avenue, Toronto



St Lawrence Market & Old Toronto Food Tour

Taste where Toronto began! Over 200 years ago, indigenous people traded goods from canoes and fished for salmon on the shores of Lake Ontario behind where the market stands today. Join us around old town for a brief history lesson before we enter the market to taste Portuguese treats, authentic Jewish bagels, candied salmon, local Ontario cheeses, genuine Ukrainian perogies and the iconic peameal bacon sandwich enjoyed by several famous chefs including Emeril Lagasse, Anthony Bourdain, and Guy Fieri. Event Runs 10am-5pm.

When: Every Friday May 25 2018- December 31 2018
Where: St. Lawrence Market, Toronto



CNE

From thrilling rides to international cuisine and the latest and greatest in Canadian technology, the Canadian National Exhibition (CNE), otherwise known as "The Ex," is an end-of-summer ritual. Enjoy its labyrinths of music, swirling candy-coloured lights and the squeals of satisfied thrill-seekers.

When: August 17th – September 3rd 2018
Where: St. Lawrence Market, Toronto

Local & Community Happenings in August 2018

Toronto Public Library – St. James Town Branch
495 Sherbourne Street
416-393-7744

Wellesley Community Centre
495 Sherbourne Street
416-392-0227

The 519 – LGTBQ communities
519 Church Street
416-392-6874





Welcome to the REKAI Family...

Iris D.

Michael W.

Thomas L.

Rachel K.

Together
WE MAKE A
FAMILY

Does your loved one require 1:1 visits with a volunteer?

Volunteers at Sherbourne Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the park, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits please contact the Life Enrichment Staff on your floor.



Kayla Johnston – 416-964-1599 ext. 233

Cristina – 2nd floor

Lucy – 3rd floor

Luca – 4th floor

416-964-1599 ext. 252

*A
Celebration
Of
Life*



Please join us for the Sherbourne Place Memorial Service, to celebrate the lives of our friends who have past.

Date: Thursday August 30th, 2018

Time: 2:30 PM

Location: Chapel

Light Refreshments will be served.

Dear Residents, Family and Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
- Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your suggestions in the suggestion box, or with the Life Enrichment Staff on your floor.

Kayla Johnston – 416-964-1599 ext. 233

Cristina – 2nd floor

Lucy – 3rd floor

Luca – 4th floor

416-964-1599 ext. 252



July Programs and Outings



Sunshine Center: Strawberry Festival



Sunshine Center: Strawberry Festival



Raising Artist Program



Raising Artist Program



Raising Artist Program



Pub Night

Gender & Sexuality Alliance (GSA)

The GSA welcomes all community members interested, LGBTQ2S+ and non-LGBTQ2S+. Please contact **Barbara Michalik** – Director of Community Partnerships, Programs and Volunteer Services at **416-929-9385** **ext:265** or **barbaram@rekaicentres.com**, if interested.



Our next GSA meeting is scheduled for:

August 22nd 2018

GSA Events in August:

August 8th – OARC Education:
Moving Towards an Inclusive Culture in Long Term Care
Chapel

August 22nd – LGBTQ2s+ Short Stories

August 28th – LGBTQ2s+ Movie Night: Carol



August Bus Outings



August 1st: Harbourfront Boat Tour

9:30AM-1:30PM

Contact: Lucy Zhou

Cost: \$20.00

August 10th: Sunshine Center

10:00AM-4:00PM

Contact: Luca Occhuizzi

Cost: \$13.50

August 20th: Blue Jays Game

5:00PM-10:00PM

Contact: Luca Occhuizzi

Cost: \$15.00

August 23rd: Niagara Falls Casino Trip

10:00AM-5:00PM

Contact: Cristina

Parmanand

Cost: However much you'd like to spend

August Birthdays

The two zodiac signs associated with the month of August are Leo and Virgo. For those born from August 1st to August 22nd, they are members of the Leo zodiac signs. As one of the zodiac's most attention-seeking signs, a Leo can most likely be identified as zodiac's most natural "star". People born from August 23rd to August 31st are members of the Virgo sign. Compassionate and understanding, the Virgo is one of the most caring of the zodiac signs.

Jnanendra, B – August 1st

Grace N – August 07th

Elizabeth E – August 15th

Kwai Fong L – August 17th

Lillian M – August 17th

Donald B – August 18th

Joan S – August 21st

Harry G – August 23rd

George M – August 24th

Zuhre D – August 30th

In Loving Memory...

Elma Saba

Hong Tong Yen





SHERBOURNE PLACE UPCOMING BUS OUTINGS



September

Chudleigh's Apple Farm
Sunshine Center for seniors
Toronto Zoo

October

Aga Khan Museum
The Rex Jazz Club
Lunch at Dragon Pearl Buffet

November

Shopping Trip
Night at the Movies
Bowling

**Please stay tuned for upcoming outings and further details in
the next few months ...**