

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:15 - Hymns & Prayers - C 2:30 - Canada Day Social - M 4:00 - Balloon Volleyball - 4ED	<b>2</b> 9:30 - 1:1 Ball Toss - 4ED 11:00 - Music Appreciation - TV3 2:30 - Movements to Music - 2WD 2:30 - Word Games - 3EA 4:30 - Conversation Jenga - 2EA 6:30 - Crokinole Club - M	<b>3</b> 9:30 - 1:1 Current Events - 3W 11:00 - Catholic Mass - C 2:30 - Name that Tune - 4EA 2:30 - Painting to Music - 3EA 4:30 - Tuck Shop - 4W 6:15 - Pet Therapy - All 6:30 - Travelling ROM: Mammals and Rodents - C	<b>4</b> 9:30 - 1:1 Current Events - 4E 9:30 - 1:1 iPad Fun - 2E 10:00 - Pet Therapy - All 11:00 - Trivia - 3WD 11:15 - Balloon Tennis - 4WD 2:00 - St. Luke's Group - M 4:30 - Manicures - 3E 6:15 - Pet Therapy - All 6:30 - Conversation Jenga - 2WA	<b>5</b> 9:30 - 1:1 Garden Maintenance - WG 11:00 - Sit and Chat - 2WA 2:30 - Jeopardy with Sydney - 3EA 2:30 - Name That Tune - 4EA 4:30 - Balloon Badminton - 3ED 6:30 - 1:1 Music Therapy - 3W <b>Outing: Sunshine Centre 10:00AM-4:30PM</b>	<b>6</b> 9:30 - Seated Exercise - 4ED <b>12:00 - 4E BBQ Lunch</b> 2:30 - Craft Corner - 2WA 2:30 - Reminiscing/ Memory Lane - 4W 6:30 - Trivia - 2WA	<b>7</b> 10:00 - 1:1 Strolls - WG 11:00 - Movements to Music - 3ED 2:00 - Bingo - M
<b>8</b> 10:15 - Hymns & Prayers - C 2:30 - Word Games - 3WD 4:10 - 1:1 Ball Toss - 4ED	<b>9</b> 10:00 - Dixon Hall Bingo - M 10:30 - Residents' Council - C 4:30 - 1:1 Afternoon Visits - 4W 6:30 - Snoezelen Therapy - 4EA	<b>10</b> 9:30 - 1:1 iPad Fun - 2W 11:00 - Name That Tune - 4EA 2:00 - United Church Service - C 4:30 - Tuck Shop - 3E 6:15 - Pet Therapy - All 6:30 - Movie Night - M	<b>11</b> 9:30 - 1:1 Garden Maintenance - WG 10:00 - Pet Therapy - All 11:00 - Balloon Badminton - 3ED 2:30 - Conversation Jenga - 3WA 2:30 - Words game - 2WA 4:30 - Manicures - 2W 6:15 - Pet Therapy - All 6:30 - 1:1 Bedside Therapy - 2E	<b>12</b> 9:30 - 1:1 Ball Toss - 4ED 11:00 - Adaptive Basketball - SR 2:30 - Short Stories Reading - 4WD 2:30 - Word Games - 3EA 4:30 - 1:1 Stretches - 3E 6:30 - Bridge Club - M	<b>13</b> 9:45 - Sing Along with Kathy - 4ED 10:30 - Sing Along with Kathy - 3WD 11:15 - Sing Along with Kathy - 2WD <b>12:00 - 4West BBQ Lunch</b> 2:30 - Puzzling Creations - 4EA <b>Outing: Sunshine Centre Strawberry Festival 10:00AM-4:30PM</b>	<b>14</b> 10:30 - Bingo with Fife House - M 2:00 - Bible Study - C 3:40 - 1:1 Strolls - WG 4:00 - Sunday Tunes - 4ED
<b>15</b> 10:15 - Hymns & Prayers - C 1:30 - 1:1 Bedside Therapy - 4W 3:00 - Soul Winners - WG	<b>16</b> 9:30 - 1:1 Weights - 3W 11:00 - Music & Memories - 4ED 2:30 - Clay World - 3EA	<b>17</b> 9:40 - Reminiscing/Memory Lane - 3W 10:30 - Horticultural Therapy - M 2:30 - Birthday Party - WG 4:30 - Tuck Shop - 2E 6:15 - Pet Therapy - All 6:30 - Movie Night - M	<b>18</b> 10:00 - Pet Therapy - All 10:30 - Music Bingo with Dixon Hall - M 2:00 - St. Luke's Group - M 4:30 - Colour Club - 3EA 6:15 - Pet Therapy - All 6:30 - 1:1 Music therapy - 3W	<b>19</b> 9:30 - Brain Teasers - 2EA 11:00 - Music and Memories - 4ED 2:00 - Memorial Service - C 4:30 - 1:1 iPad Fun! - 3E 6:30 - Throwback Thursday Tunes - 3WD	<b>20</b> 10:00 - 1:1 Current Events - 4W <b>12:00 - 2E BBQ Lunch</b> 2:30 - Reading Club - TV2 4:30 - Colour Club - 2WA 6:45 - Trivia Night! - 3ED	<b>21</b> 11:00 - Movements to Music - 3ED 2:00 - Bingo - M 4:00 - 1:1 Strolls - WG
<b>22</b> 10:15 - Hymns & Prayers - C 2:30 - Ice Cream Social - 3ED 4:20 - 1:1 Ball Toss - 4ED	<b>23</b> <b>Cultural Day: China</b> 9:30 - Travelogue: China - 2ED 11:00 - Chinese Cuisine - 2WA <b>2:30 - Cultural Event - WG</b> 4:30 - Music of China - 4ED 6:30 - Cities of China - 4WA	<b>24</b> 9:30 - 1:1 Strolls - WG 11:00 - Balloon Tennis - 2ED 2:00 - Anglican Church Service - C 4:30 - Tuck Shop - 4W 6:15 - Pet Therapy - All 6:30 - Movie Night - M	<b>25</b> 9:30 - 1:1 Garden Strolls - WG 10:00 - Pet Therapy - All 11:00 - Movements to Music - 3ED 2:30 - Short Inspirational Stories - 3EA 6:15 - Pet Therapy - All 6:30 - Conversation Jenga - 2WA <b>Outing: Swimming Cooper Koo YMCA 1:00PM-4:00PM</b>	<b>26</b> 9:30 - 1:1 Strolls - WG 11:00 - Balloon Badminton - 4WD 2:30 - Name that Tune - 4EA 2:30 - Words game - 3ED 4:30 - Seated Exercise - 3ED 6:30 - 1:1 Hand Massages - 3W	<b>27</b> 9:30 - 1:1 Ball Toss - 4ED 9:30 - 1:1 Music and Memories - 2E 10:30 - Seated Yoga - 2WA 10:30 - Word Games - 4WD <b>12:00 - 2W BBQ Lunch</b> 2:30 - 1:1 Ice Cream Cart - All 4:30 - Colour Club - 3EA 6:30 - 1:1 Bedside Therapy - 3WB	<b>28</b> 9:30 - 1:1 iPad Fun - 2E 9:30 - 1:1 Current Events - 4E 10:15 - Ladies Spa Morning - RR 10:30 - Saturday Smoothies - 4WA 2:00 - Bingo - M
<b>29</b> 9:00 - 1:1 Reality Orientation - 4E 10:15 - Hymns & Prayers - C <b>Outing: Baskin Robins 2:00PM-3:30PM</b>	<b>30</b> 9:45 - Reality Orientation - 4E 2:30 - Craft Corner - 2WA 4:30 - 1:1 Reminiscing - 3R 7:00 - S'mores Under the Stars - Back	<b>31</b> 9:45 - 1:1 Garden Maintenance - WG 2:30 - Fun and fitness - 4WD 2:30 - Name That Tune - 3EA 4:30 - Tuck Shop - 3E 6:15 - Pet Therapy - All 6:30 - Movie Night - M				

2WD - Dining Room 2W  
3EA - Activity Room 3E  
3ED - Dining Room 3E  
3W - 1:1 Resident Room

3WA - Activity Room 3W  
3WB - Balcony 3W  
3WD - Dining Room 3W  
4EA - Activity Room 4E

4ED - Dining Room 4E  
4WA - Activity Room 4W  
4WD - Dining Room 4W  
All - All

Back - Back Yard  
C - Chapel/Community Room  
M - Main TV Room  
RR - Spa Room 2E

2EA - Activity Room 2E  
2ED - Dining Room 2E  
2W - 1:1 Resident Rooms  
2WA - Activity Room 2W

SR - Sports Room  
TV2 - TV Lounge 2W  
TV3 - TV Lounge 3W  
WG - Winter Garden

