

160 Wellesley Street East, Toronto, ON M4Y 1J2

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | | | | 1 9:30 - 1:1 Reality Orientation - All 2:00 - Visible, Vibrant & Victorious: International Day of Older Persons Special Virtual Event - All 6:30 - Short Stories on Podcast - TV2 | 2 9:15 - 1:1 Montessori - 3W 9:30 - Balloon Volleyball - 4ED 10:30 - Craft Party - 3EA 11:15 - Talking About Fall - 4E 2:00 - Bingo! - M |
| 3 9:30 - 1:1 Current Events - 4th fl 9:30 - Virtual Mass - 3ED 10:30 - Sensory Cart - 3rd fl 11:00 - Sunday Hymns - 4W 1:30 - Outdoor Strolls - Back | 4 9:30 - 1:1 Weights - 2W 10:15 - Balloon Tennis - 2WD 1:00 - Seated Shibashi - 3ED 2:30 - Words Game - 2EA 3:00 - Fall Tea Social - 3WA 6:45 - Mindfulness Mondays - TV3 | 5 9:45 - Coffee & News - 2W 11:15 - Seated Dancing - 2ED 2:00 - 1:1 Community Walks/Grocery Shopping - 4th fl 2:30 - Painting to Music - 2EA 4:15 - Sunset Disco Club - 4ED 6:30 - Bible Story - 4th fl | 6 9:30 - Morning Cup of Joe - 4WD 9:30 - Bingo - 3ED 10:30 - Virtual Pet Therapy - All 12:45 - Movie: Dirty Dancing - 3ED 2:00 - Art Club: Tree of Life - 4ED 2:30 - Sing Along - 2EA 3:30 - Book of Proverbs - 3ED 4:00 - Colour Club - 2WA 6:30 - Spa Night - 2E | 7 9:30 - Chatelaine Mornings - 4W 9:30 - Walking Club - 3rd fl 4:15 - 1:1 Strolls - WG 6:15 - Documentary: Beauty of Oceans - 2WD | 8 9:30 - 1:1 Current Events - 4th fl 10:30 - Men's Morning Club - 4W 12:45 - Amaryllis Planting - 3WA 2:00 - Craft Corner: Creative Pumpkin Decor - 4EA 2:30 - Dance Party! - 3ED 5:45 - Star Trek Club - 3WD | 9 9:30 - Colour Club - 2WA 10:15 - Seated Exercise - 2ED 2:00 - Bingo! - M |
| 10 9:30 - Virtual Mass - 2nd fl 1:30 - Outdoor Strolls - Back | 11 9:30 - Mindful Meditation - TV3 10:45 - Seated boxing - 3WD 2:00 - Thanksgiving Pie Tasting Social - 4WD 2:45 - People of the Mississauga Credit - 3ED 4:15 - Fun and Fitness - 4WD 6:30 - Snoezelen SPA - 4EA Thanksgiving | 12 9:00 - Walking Club - 3E 10:30 - Residents' Council - C 11:15 - 1:1 Friendly Visits - 4E 1:00 - Archaeology - 3WD 2:00 - Fall Basket Arrangement - 4WA 3:00 - Jam Session- 3WA 4:15 - Manicures - 4th fl | 13 9:30 - Reminiscing: Autumn - 2E 10:30 - Bingo - 2WD 2:00 - OARC Webinar: LTC Food Purchasing, Production and Menu Planning - C 2:45 - Colour Club - 2EA 6:45 - Maple Leafs Home Opener Vs Canadiens - M | 14 9:30 - Chatelaine Mornings - 4E 2:00 - Discussion Group: Superstition around the world - 4WA 2:30 - Scrabble - 2WA 4:15 - 1:1 Ball Toss - 2E 6:30 - iPad Fun: Funny Videos - 2E | 15 9:30 - Expressionism Artist Alma Thomas - 3WA 9:30 - Friday Morning Bingo - 4th fl 11:00 - Dance Party! - 3W 1:00 - LGBTQ2S+ Documentary: Before Stonewall - 3WD 1:30 - Tic Tac Toss - 4ED 2:15 - Movie: Chicago - 2WD 3:00 - Movie: Laurel & Hardy - 4ED 6:30 - 1:1 Spiritual Songs - 2E | 16 9:15 - 1:1 Montessori - 3W 9:30 - Gardening: Amaryllis Planting - 4th fl 10:45 - Hot Cocoa Social - 4B 2:00 - Bingo! - M |
| 17 9:30 - Ladies Beauty Salon - 4th fl 9:30 - Virtual Mass - 3ED 10:30 - Sensory Cart - 3rd fl 11:00 - Sunday Hymns - 4W 1:30 - Outdoor Strolls - Back | 18 Cultural Day: Cambodia 10:15 - Movement to Cambodian Music - 2WD 12:45 - Tour Angkor Wat - 3W 2:30 - Making Cambodian Noodle Salad - 3WD 2:30 - Cambodian Food Tasting - 2W 6:30 - Folktales of Cambodia - 3EA | 19 9:30 - 1:1 Ball Toss - 2E 10:15 - Seated Dancing - 2ED 2:30 - Painting to Music - 2WA Outing: Windreach Farms 10:30am-3:30pm | 20 9:30 - Morning Cup of Joe - 4WD 9:30 - Bingo - 3ED 10:30 - Virtual Pet Therapy - All 12:45 - Movie: Grease - 3EA 2:00 - Online Smile Theatre - M 2:30 - The Bible Stories - 2WD 3:30 - Tea Social - 3ED 4:00 - Manicures - 2W 6:30 - Spiritual Poems - TV2 | 21 9:30 - Chatelaine Mornings - 4W 9:30 - Walking Club - 3rd fl 2:00 - Parachute Fun! - 4ED 6:30 - Inventions in technology: Discussion - 2EA | 22 9:30 - Friday Morning Bingo - 4th fl 1:30 - FABULOUS Drag Queens on Got Talent! - 4WA 3:15 - Board Games - 4EA | 23 9:30 - Songs for the soul - 2EA 11:00 - Community Strolls - 2nd fl 2:00 - Bingo! - M |
| 24 9:30 - Virtual Mass - 2nd fl 1:30 - Outdoor Strolls - Back 2:30 - Scrabble - 2EA | 25 9:30 - 1:1 Stretches - 2E 9:30 - Mindfulness Mondays - TV3 10:15 - Balloon Badminton - 2WD 1:00 - Face to Family - All 1:00 - Bobbing for apples-3WD 2:30 - Words Game - 2WA 3:30 - Seated Zumba - 3ED 6:30 - Calming Mandala - 4EA | 26 9:00 - Walking Club - 3E 11:15 - 1:1 Friendly Visits - 4E 1:00 - Science of Carbonation- 3WD 2:00 - Halloween Social - 4ED 3:00 - Jam Session- 3WA 4:15 - Reading Club: Halloween Short Stories - 4WD | 27 9:30 - 1:1 Current Events - 3W 10:30 - Bingo - 2ED 2:00 - Movie: I am Sam - 2WD 3:30 - Halloween Art! - 3EA 5:45 - Halloween Movie - 3WD | 28 9:00 - Reality Orientation - All 2:30 - A. Rieu Concert "Songs from the heart" - 2WD 4:15 - Coloring Wheel - 2WA 6:30 - Hand massages - 2E | 29 9:30 - Full Moon Painting - 3EA 9:30 - Halloween Bingo - 4th fl - All 11:00 - Spooky Fashion Friday - 3ED 2:00 - Trick or Treat Cart!! - All 3:30 - Rock Club! - 3ED 6:30 - 1:1 Musical Tunes - 2WA Outing: Art Gallery of Ontario 1:30pm-4:30pm | 30 9:15 - 1:1 Montessori - 3W 9:30 - Garden Maintenance - 4th fl 12:45 - Retro Wrestlemania - 3EA 1:30 - Halloween Mask Design Contest 4E 2:00 - Bingo! - M |
| 31 9:30 - Men's Hand Care - 4th fl 9:30 - Virtual Mass - 3ED 10:30 - Sensory Cart - 3rd fl 11:00 - Sunday Hymns - 4W 1:30 - Outdoor Strolls - Back | | | | | | |

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| 2EA - Activity Room 2E | 2ED - Dining Room 2E | 2W - 1:1 Resident Rooms | 2WA - Activity Room 2W | 2WD - Dining Room 2W |
| 3EA - Activity Room 3E | 3ED - Dining Room 3E | 3W - 1:1 Resident Room | 3WA - Activity Room 3W | 3WD - Dining Room 3W |
| 4B - Balcony 4W | 4EA - Activity Room 4E | 4ED - Dining Room 4E | 4WA - Activity Room 4W | 4WD - Dining Room 4W |
| All - All | Back - Back Yard | C - Chapel/Community Room | M - Main TV Room | TV2 - TV Lounge 2W |
| TV3 - TV Lounge 3W | WG - Winter Garden | | | |