

AUGUST 2018

Wellesley Times

160 Wellesley Street East * 416-929-9385 * Fax number: 416-929-0807 *



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Upcoming Monthly Bus Outings

A Message from the Manager of Programs & Volunteer Services...

August is here and it's a hot one! Make sure you wear sunscreen and bring your hats when heading outdoors and enjoying this beautiful weather!

August is shaping up to be a very busy month! Please make sure you are checking your calendars to keep up with all the fun programs and outings the Life Enrichment Department has planned for you.

Outing Schedule:

August 10th – Sunshine Centre

August 20th – Blue Jays Game

August 23rd – Niagara Falls Casino Trip

August 28th – Canadian National Exhibition (CNE)

Be sure to attend Residents' Council this month. Residents' Council is scheduled for August 13th at 10:30am in the Chapel.

Please note that we are planning to have a Fall Sale on September 8th. Drop off any donations to any member of the LE team or Reception.

Stay cool and have a wonderful month!!

Kayla Johnston
Manager of Programs and Volunteer Services

Family Council update

Family Council is on summer break. See you again in September.



Just keep...

SWIMMING!



Join us for Swimming Club at YMCA on **September 25th** at 1:00PM.

The Travelling Tuck Shop!

The Travelling Tuck shop will be visiting every Tuesday afternoon! Make sure to check the calendar each month to see the dates and times it Will be on your floor!



Cultural Day

Our multicultural day this month will be held on

Thursday August 30th 2018.

We will be celebrating

Venezuela!

Some of the programs you can participate in are Discussions, Trivia, Traditions and the Cultural Day Party!



Happenings at Wellesley Central Place

HELLO August!
Make sure to make a note in your
calendars for all of the exciting
programs coming this month...

Ice Cream Social
August 6th

August Birthday Party
August 9th

**Expressive Art Therapy with St.
James Town Corner Seniors Group**
August 16th

Horticultural Therapy
August 16th

Dixon Hall Bingo
August 20th

Art Therapy with CHUBB
August 22nd

Trivia Night
August 29th

Cultural Day: Venezuela
August 30th

Movie Nights: Tuesdays!

Residents Council News

**Residents' Council
will be meeting this
month!**

**Our meeting will take
place on**

**Monday August 13th
At 10:30 AM**

**In the
Chapel.**



SPECTACULAR MEAL

Thursday August 30th 2018

ENTRÉE

Chicken Shrimp Linguine
(With Carbonara Sauce and Sundried Tomatoes)
Sautéed Brussels Sprouts and Onion

OR

Beef Bourguignon
(With Roasted Vegetables on a French Baguette)
Whipped Potatoes

DESSERT

Strawberry Vol au Vent
(Cream Filled Puff Pastry with Fresh Strawberry Toppings)

OR

Baked Apple Slices

Local & Community Happenings in August 2018



Land/ Water/Sky

Members of the Scarborough Museum Youth Collective present photographic works that reflect their connection to the land, water and sky. Youth created their pieces in art workshops led by Wyandot Artist/Mentor and Faith Keeper Catherine Tamaro.

Cost: Pay what you can.

When: April 1 2018 – August 30 2018

Where: Scarborough Museum, Scarborough



Hockey Hall of Fame Stanley Cup 125th Anniversary Tribute

Celebrating 125 years of hockey's greatest treasure. If the Stanley Cup could talk, imagine the stories it could tell. Get hands-on-access to the Stanley Cup and immerse yourself into the rich history of Hockey's Holy Grail. Catch this limited-time tribute which ends December 31, 2018. This event takes place Every Tuesday from 10 am-5 pm. Cost: \$15.00 for seniors' ticket.

When: March 27 2018 – December 31 2018

Where: 30 Yonge Street, Toronto



Taste of the Danforth

Take in the Taste of the Danforth and celebrate the flavours of Greece and summer in the city. Every year in August, the city of Toronto flocks to GreekTown on the Danforth and gets to be Greek for a day!

Dozens of tasty food stations from Danforth's amazing array of multi-ethnic restaurants line the road. Get your fill of authentic souvlaki, stuffed grape leaves, grilled lamb and moussaka. There are a number of exhibitors offering contests, prizes and free samples, plus live music and dance. Opa!

When: August 10th – 12th

Where: Along Danforth Avenue

Local & Community Happenings in August 2018



Toronto Caribbean Carnival

An exciting cultural explosion of Caribbean music, cuisine, revelry and visual and performing arts. Over fifty years it has become a major international event and the largest cultural festival of its kind in North America. Grand Parade - By far the largest event of The Toronto Caribbean Carnival, the Grand Parade attracts local, regional, national and international spectators and media. Colourful masqueraders will show off their elaborate costumes as they make their way from the assembly area at Exhibition Place along a 3.5-kilometre stretch on Lake Shore Boulevard. Wrap up the carnival in style!

When: August 6th 2018

Shakespeare in High Park

Now in its 36th season of outdoor theatre magic, Shakespeare in High Park presents adventurous adaptations of two of the Bard's most popular and enduring works. The tragic romance of Romeo and Juliet and the frolicking comedy of A Midsummer Night's Dream immerse you in tales of rebellious love in the face of authority — the best way to spend a summer night in Toronto, and the official start to our 18.19 season.

When: Every Wednesday from July 6 2018- September 2 2018

Where: High Park Amphitheatre, Toronto



Arts in the Park: Music in St. James Park

Arts in the Parks brings free, family-friendly arts events and activities to a park near you. Think theatre performances, dance classes, workshops, movies, festivals and more, right in your backyard! Enjoy the best local Toronto talent on the gazebo stage in St. James Park every Thursday night 7pm - 9pm June through August. New this year in the series are our monthly swing nights. Try a free dance class at 6:30pm with Swing Toronto and then practice your moves with our featured Swing band. Swing nights are on June 28, July 19 and Aug 30. FREE ADMISSION.

When: August 16 2018 from 7:00 pm-9:00 pm

Where: St. James Park- 120 King Street East, Toronto



Local & Community Happenings in August 2018



CNE HorseCapades

Considered the unofficial start to the CNE, HorseCapades kicks off with its beloved program designed to introduce the young, and the young at heart alike, to the magical world of horses. Visitors with little ones can trot over to the Horse Palace, which features interactive and educational activities such as Guess a Horse's Weight, learning about a horse's nutrition and grooming, battery-operated mini tractor rides, and can't miss opportunities to pet the horses and enjoy free pony rides (for children under 10 years of age). FREE.

When: Every Monday July 28 2018- August 16 2018
Where: Canadian National Exhibition- 15 Nova Scotia Avenue, Toronto



St Lawrence Market & Old Toronto Food Tour

Taste where Toronto began! Over 200 years ago, indigenous people traded goods from canoes and fished for salmon on the shores of Lake Ontario behind where the market stands today. Join us around old town for a brief history lesson before we enter the market to taste Portuguese treats, authentic Jewish bagels, candied salmon, local Ontario cheeses, genuine Ukrainian perogies and the iconic peameal bacon sandwich enjoyed by several famous chefs including Emeril Lagasse, Anthony Bourdain, and Guy Fieri. Event Runs 10am-5pm.

When: Every Friday May 25 2018- December 31 2018
Where: St. Lawrence Market, Toronto



CNE

From thrilling rides to international cuisine and the latest and greatest in Canadian technology, the Canadian National Exhibition (CNE), otherwise known as "The Ex," is an end-of-summer ritual. Enjoy its labyrinths of music, swirling candy-coloured lights and the squeals of satisfied thrill-seekers.

When: August 17th – September 3rd 2018
Where: St. Lawrence Market, Toronto

Local & Community Happenings in August 2018

Toronto Public Library – St. James Town Branch
495 Sherbourne Street
416-393-7744

Wellesley Community Centre
495 Sherbourne Street
416-392-0227

The 519 – LGBTQ communities
519 Church Street
416-392-6874



Does your loved one require 1:1 visits with a volunteer?

Volunteers at Wellesley Central Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the backyard or courtyard, a visit to Our Lady of Lourdes Church, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits please contact the Life Enrichment Staff on your floor.

Sydney - 416-929-9385 ext. 240

Maria - 416-929-9385 ext. 232

Alyssa - 416-929-9385 ext. 241



Dear Residents, Family and Fri Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
- Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your drop box, or with the Life Enrichment Staff on your floor.

Kayla Johnston - 416-929-9385 ext. 257 (Manager of Programs)

Sydney - 416-929-9385 ext. 240 (2nd Floor)

Maria - 416-929-9385 ext. 232 (3rd Floor)

Alyssa - 416-929-9385 ext. 241 (4th Floor)



PET THERAPY AT WCP



Pictured in Photo: Scarlett visiting on 4E

Wellesley Central Place is lucky to have three teams of pet therapy dogs! Alison & Scarlett, Jessica & Chewy and Brenda and Ray & Cinnamon – we would like to thank you for your dedication and hard work each week!

Please be sure to look for the wagging tails of
Cinnamon on Tuesday evenings at 6:15 PM
Scarlett on Wednesday mornings at 10:00 AM
And Chewy on Wednesday evenings at 6:15 PM!



Gender & Sexuality Alliance (GSA)

The GSA welcomes all community members interested, LGBTQ2S+ and non-LGBTQ2S+. Please contact **Barbara Michalik** – Director of Community Partnerships, Programs and Volunteer Services at **416-929-9385 ext:265** or **barbaram@rekaicentres.com**, if interested.



Our next GSA meeting is scheduled for:

August 22nd 2018

GSA Events in August:

August 8th – OARC Education:
Moving Towards an Inclusive Culture in Long Term Care
Chapel

August 28th – LGBTQ2s+ Movie Night: Carol



Volunteers Having a Blast!



Dali & Ning on the Baskin Robins Trip!



Grace & Estelle dancing the afternoon away!

Welcome to the REKAI Family
At WCP ...
Henry W.
Stephanie M.
Dennis D.

FAMILY

Say Cheese!



2018 FALL SALE!



We need your china, games, toys, furniture, books, plants, costume jewellery, small appliances and anything you wish to assist us in.

We will also be having a mini BAKED GOODS TABLE.

Date: September 8th 2018

MOVIE NIGHT MANIA

The LE team will be showing movies every Tuesday evening!

This months' features include...

Forest Gump - August 7th

The Philadelphia Story - August 14th

Singing in the Rain - August 21st

Carol - August 28th

Please check the calendar for more information

Date: Tuesday Nights

Time: 6:30 PM

Where: Main TV Room



August 2018 Bus Outings

Sunshine Centre
Friday August 10th 2018
10:00 AM-4:30 PM
Contact: Sydney Ferguson
416-929-9385 x 240



Niagara Falls Casino Trip
Thursday August 23rd 2018
10:00 AM-5:00 PM
Contact: Maria Fabrychnava
416-929-9385 x 232



Blue Jays Game
Monday August 20th 2018
5:00 PM-10:00 PM
Contact: Alyssa Torres
416-929-9385 x 241



Canadian National Exhibition (CNE)
Tuesday August 28th 2018
10:00AM-3:00PM
Contact: Maria Fabrychnava
416-929-9385 x 232



August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause. Those born between August 23–31 are Virgo Virgins. Virgos are one of the most careful signs of the zodiac. They pay attention to detail, analyze problems, and plan so as to leave nothing to chance. These amazing listeners give excellent advice.

Vanda Rocha	August 9
Kalman Berk	August 9
Joy Eveleigh	August 11
Suna Sevimili	August 17
Angela Williams	August 19
Rosita Abella	August 22
Helen Rhenke	August 28
Maryann Krzyzanowski	August 30



In Loving Memory

Sadao Tateishi

Sylvia Allen

Joan Scott

Frank Marrett



**WELLESLEY CENTRAL PLACE
UPCOMING
BUS OUTINGS**



September:

Sunshine Centre
Chudleigh's Apple Farm
Toronto Zoo
Swimming Club



October:

Bowling Outing
Night at the AGO
Mandarin Lunch Outing



November:

One of a Kind Show
Night at the Movies
Shopping Trip

Please stay tuned for upcoming outings and further details in the next few months