

You've arrived:

This small intimate Nursing Home is located in the heart of downtown Toronto. It overlooks historic Allan Gardens and its magnificent greenhouses.

As you walk through the front door of The Reikai Centre you will sense the difference. Our home exudes warmth, the staff appears unrushed and everyone knows everyone else.

Wouldn't this be a great place to stay if your family worked downtown? They could drop in for a visit on the way home from work or perhaps join you for lunch.

If you have always lived downtown you may just want to stay in your old neighbourhood and make this your new home.

We can accommodate 122 permanent residents and we also have space for three people who only need to stay with us for a short period of time. There are only 42 residents/unit.

Our Nursing Home is fully accredited with The Canadian Council Health Services Accreditation. Accommodation in our home is arranged through the Toronto C.C.A.C.

Our Staff:

You will be impressed our staff is dedicated to providing the best level of care possible the nurses are presently implementing several RNAO Nursing Best Practice Guidelines to ensure their residents receive evidence based care.

There is very low staff turnover at the Reikai and all our staff wants you to enjoy living here.

At your service:

We look after all your needs from morning to night and add a little spice to the day with our many activity programs. These programs take place 7 days/week. We even have a special program (our Snoezelen Program) 4-days/ week for 4 hours/day for our residents with Dementia.

Our services:

- Personalized nursing care 24 hours/day. There is a Registered Nurse in the building 24 hours/day.
- We have 3 • Doctors and Medical care is available 7 days/week
- 3 fully assisted and supervised meals/day as well as 3 snacks daily-we cater to residents with special dietary requirements
- Housekeeping
- Laundry
- Multicultural Activities
- Family Education Groups
- Aromatherapy
- Horticultural Therapy
- Podiatry Services-extra cost
- Denture and Dentistry Services-extra
- Optometry-extra cost
- Diagnostic Imaging and Ultrasound on site
- Speech and Language Services
- Pet Therapy• On-site Hairdressing-extra cost
- Continence Program
- Pastoral Care
- Palliative Care Program
- Physiotherapy and Rehabilitation Services



Settling In:

From the moment you arrive we will do our best to make you feel right at home. We know that it takes time to adjust to any new situation and we want you to feel comfortable as soon as possible. Please bring some of your special treasures from home with you. You are encouraged to decorate your room with memorabilia and some small furniture items.

Staff will ask you lots of questions when you first get here because they want to get to know you so they can make sure you get the food you like, attend programs that you will find interesting and get the best possible care. At 6 weeks we will have a meeting (conference) with you and/or your family representative to talk about how things are going. If you have any concerns prior to that meeting we want you to let the nurse on your unit know. It really helps to correct situations before they become problems.

There's Excitement in the Air:

We are always striving to make things better for our residents so we have just built a Therapeutic Garden on the north side of our home. We are planning lots of activities in this new area and can hardly wait until we can start up the barbeque.

More of a good thing will be happening at our new Wellesley site. We are building a new home to accommodate 150 residents. We expect it to open in December 2004.

At our new home there will be 25 residents on each resident home area. Each area will have its own dining room and activity room. We look forward to opening our new home and you will be glad to know that we have kept it small to retain the intimate nature of our current site.

We promise that our standards will remain high and we look forward to the challenge of adding these new beds.

COME AND JOIN US FOR A TOUR

Call: 416 964 1599 to arrange

OR

VISIT OUR WEBSITE @

www.rekaicentre.com



Public Transportation

Via the Yonge subway line: get off at the College Station. Take a College streetcar east to Sherbourne. Walk south on Sherbourne to 345. We are located on the eastside of the street directly across from Allan Gardens.

The Rekai Centre

345 Sherbourne Street

Toronto Ontario M5A 2S3

Phone: 416 964 1599

Fax: 416 964 3907 www.rekaicentre.com

Welcome Home The Rekai Centre



A SPECIAL PLACE FOR SPECIAL
PEOPLE

REKAI CENTRE
345 SHERBOURNE STREET