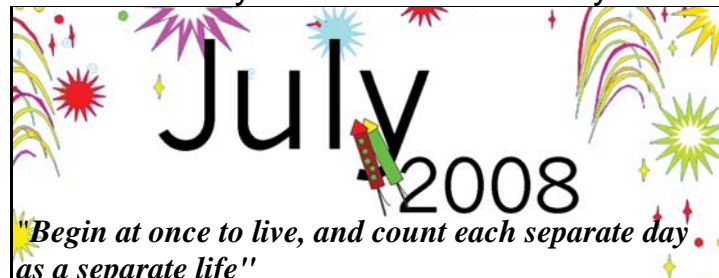



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>July 2008</p> <p><i>"Begin at once to live, and count each separate day as a separate life"</i></p>						
		10:15 Canada Day Discussion (all floors) 1 2:15 Calendar Delivery! Canada Day	10:15 Shuffle Game (Basement) 2 2:15 Pokeno (craft room)	10:00 Anglican Church (chapel) 3 2:00 Bingo(basement) 3:15 Soul - O Theatre (craft room)	10:15 Nature Walk 4 2:15 Music Appreciation (lounge) 6:15 Movie night (basement) Independence Day	10:30 Vintage T. V. (Basement) 5 2:00 Hymn Sing (floor ~ floor)
10:00 Music with George (Lounge) 6 10:30 Early Bird Bingo(craft room)	10:15 Fitness Class (lounge) 7 2:00 Music w/ Mickey (all floors) 6:15 Evening Program	10:00 Tai Chi(basement) 8 2:30 Sing –a- Long (Chapel) 6:15 Sundowning Program	10:15 Bowling(basement) 9 2:15 Painting to Music(basement)	10:15 Word Game (lounge) 10 2:15 Movie "TheSound of Music" (Basement) 6:15 Evening Program	10:00 Hungarian Church(chapel) 11 2:15 Individual Activities 6:15 Movie Night (basement)	10:30 Vintage T. V. (Basement) 12 2:00 Hymn Sing (floor ~ floor)
10:00 Music with George (Lounge) 13 10:30 Early Bird Bingo (Craft room)	10:15 Current Events (lounge) 14 2:00 Yoga (all floors) 6:15 Evening Program	10:15 Trivia(lounge) 15 12:00 Lunch Club (craft room) 1:30 Drums Circle(lounge) 3:30 1:1 Visits	10:15 Fun& Fitness (all floors) 16 12:00 BBQ (2 floor) 2:15 Word Game(lounge)	10:15 Fitness Class (lounge) 17 2:00 Bingo (basement) 3:15 Ice Cream Treat (floor~floor) 6:15 Evening Program.	10:15 Individual Activities 18 2:00Gardening for Life (craft room) 6:15 Movie Night (Basement)	10:30 Vintage T. V. (Basement) 19 2:00 Hymn Sing (floor ~ floor)
10:00 Music with George (Lounge) 20 10:30 Early Bird Bingo (Craft room)	10:15 Fitness Class (lounge) 21 2:00 Music w/ Mickey (all floors) 6:15 Evening Program	10:00 Individual Activities 22 11:00 Residents Council(craft room) 2:30 Sing –a- Long (Chapel)	10:15 Shuffle game (basement) 23 12:00 BBQ (3 rd floor) 2:00 Birthday Party!(basement)	10:15 Outdoor Stroll 24 2:00 Bingo (basement) 3:15 Soul ~ O ~ Theatre (craft room) 6:15 Evening Program	10:00 Hungarian Church (chapel) 25 2:15 Individual Activities 6:15 Movie night (basement)	10:30 Vintage T. V. (Basement) 26 2:00 Hymn Sing (floor ~ floor)
10:30 Early Bird Bingo (Craft room) 27	10:00 Interdenominational Church(chapel) 28 2:15 Individual Activities+Sensory Stimulation (lounge) 6:15 Evening Program	10:15 Fitness Class 29 2:15 Pokeno (craft room) 6:15 Sundowning Program	10:15 Bowling (basement) 30 12:00 BBQ (4 th floor) 2:00 United Church (chapel)	10:15 LE Meeting 31 2:00 Bingo (basement) 3:15 Soul ~ O ~ Theatre (craft room) 6:15 Evening Program	 <p>Drop in Exercises are rotating floor to floor from Monday to Friday</p>	