

Sunday

Monday

Tuesday

Wednesday

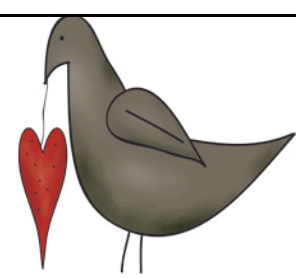
Thursday

Friday

Saturday

February 2012

Life Enrichment Calendar
Rekai Centres - Sherbourne Place

				<p>1 10:00 1:1 Art Therapy (all) 2:00 Bingo (CR) 2:30 Relaxation Video: Beauty of Nature(S) 3:30 Choir Group (CH) 6:00 1:1 Bedside Short Stories(all)</p>	<p>2 9:30 1:1 Reality orientation (All) 9:30 1:1 Tell me a story (all) 10:00 Art Therapy (CH) 10:30 Groundhog giggles (2) 1:00 Name that quotations (all) 2:00 1:1 Sensory Stimulation Box (all) 2:00 Higher or Lower Dice Game (CR) 3:00 Shuffleboard Game(CR) 3:30 Fishin' Fun (DA) 6:00 Movie Night: Love Story(BA)</p>	<p>3 9:30 1:1 Mornings greetings (all) 10:00 Mah Jong (3) 10:30 Trivia Wheel (2) 1:00 Chinese Word Association (3) 2:00 Discussion: Greatest Super Bowl Stories (2) 3:00 1:1 Manicure (all)</p>
<p>5 9:30 Weekend Chinese News Club (3) 10:00 1:1 Music Therapy with George (All) 12:45 Pet Therapy(All) 2:00 Bingo (CR) 3:30 1:1 Super Bowl Toss (all) 4:00 It's a guy thing: Bagging a touchdown for the Guys (CR) 8:00 Super Bowl XLVI Viewing Party (BA)</p>	<p>6 9:30 1:1 Basketball(all) 10:30 Activities for your mind(CR) 1:30 Psychedelic ball toss (2) 2:30 Plinko (2) 2:30 Valentine's Day :Life in concert(B) 6:15 1:1 Can you name 5? (All)</p>	<p>7 10:15 1:1 Individual Activities(4) 10:45 Fun& Fitness(2) 1:30 Art Therapy (CH) 2:00 Tai Chi(CR) 2:45 Baking: Fudge (CR) 3:00 Anglican Church(CH) 7:00 1:1 Table Soccer (BA)</p>	<p>8 9:30 1:1 Reality Orientation (All) 10:00 Exercise Class(4) 10:30 intergenerational kids visits: Valentine cards (CR) 1:00 1:1 Afternoon Visits(all) 1:30 1:1 Chess Club (CR) 2:00 United Church (CH) 2:30 1:1 Stories(4) 3:00 Horticultural Therapy (CR) 6:15 Sensory Stimulation w/ Mobile Cart(4)</p>	<p>9 9:30 1:1 Crazy koosh ball (All) 10:00 Chinese News Reading Club (CR) 10:15 Rocking to the Oldies (CR) 10:30 Fancy Flower Bouquet (CR) 1:00 1:1 Trivia: Valentine's Day (all) 1:00-4:00 <i>Royal Ontario Museum (O)</i> 2:00 Bingo (CR) 3:00 Wandering minstrel (All) 3:00 Exercises (CR) 3:30 Computer class (CR) 6:15 Trivia: Movie Classics (all)</p>	<p>10 10:00 Art Therapy (CH) 10:15 Fun with Balls (3) 1:30 1:1 grocery Sort (All) 2:30 Chocolate Spoons (CR) 4:00 1:1 Jigsaw Puzzle (CR) 6:15 Movie night: failure to launch (BA)</p>	<p>11 10:30 Stories for Valentine's Day(4) 11:00 Buddhist Service(3) 2:30 Exercise Class w/ weights(all)</p>
<p>12 10:00 Dominos(CR) 12:45 Pet Therapy(all) 2:00 Valentine's Day Bingo(CR)</p>	<p>13 9:30 1:1 news chat (All) 10:30 Valentine's Day Trivia(4) 10:30 Fishing Fun (2) 1:30 Art Therapy (CH) 2:00 Craft: Growing Mint in Chocolate (CR) 2:15 Joy of Reading: Love Poems(4) 3:30 Valentine's Gift Making: Chocolate Dipped Strawberries (CR) 7:00 Board and Table Games (3)</p>	<p>14 9:30 1:1 Happy Hellos(all) 10:00Fun and Fitness (3) 10:15 Candy Love Bugs (DA) 10:30 Residents Council (CR) 2:00 Valentine's day social (CR) 3:00 Hungarian Church(CR) 7:00 1:1 Valentine's Candy Reminiscing (all)</p> <p style="text-align: center;">Valentine's Day</p>	<p>15 9:30 1:1 Morning Inspirations (all) 10:15 Exercise Class(4) 1:30 Multi-faith Discussion(2) 2:00 Horticultural Therapy(CR) 2:30 Chinese Christian Group (CH) 4:00 Afternoon Stretch Class (2) 6:15 1:1 bedside sensory stimulation(all)</p>	<p>16 10:00 Art Therapy (CH) 10:15 Rocking to the Oldies (CR) 1:00 1:1 Just for laughs(all) 1:30 1:1 Ball Toss (all) 2:00 Bingo(CR) 3:30 Choir Group (CH) 6:15 Alternative Human Touch(4)</p>	<p>17 9:45 Fun with Balls (CR) 10:30 Drum Circle (CH) 1:00 1:1 Black History: Short Stories (all) 2:00 Caribbean party(DA) 3:00 Origami – Caribbean Pirate Ship (CR) 4:00 1:1 Art Therapy Theme: Black History (all) 6:15 Movie Night: Black History (BA)</p>	<p>18 9:30 Morning stretches (All) 10:00-2:00 <i>Hong Fa Buddhist Temple (O)</i> 10:30 1:1 Crosswords (2) 2:00 Karaoke Jam(BA) 3:30 Hot Potato exercises (3)</p>
<p>19 9:30 1:1 Reality Orientation (all) 10:00 Mah Jong (3) 10:30 Table soccer (BA) 12:45 Pet Therapy (All) 2:00 Bingo (CR) 3:30 1:1 Magazine Scavenger Hunt (CR)</p>	<p>20 10:30 Word in Words (4) 1:30 Music matters: Jazz (2) 2:30 Family Day Social Tea(CR) 2:30 Spa Afternoon (S) 4:00 Family Day Reminiscing (all) 6:15 1:1 Sensory Balls(All)</p> <p style="text-align: center;">Presidents' Day (US)</p>	<p>21 9:30 1:1 Ball Toss (all) 9:30 Exercise Class(3) 10:30 Clay Creations (CR) 1:30 Art Therapy (CH) 2:00 Tai Chi(CR) 3:30 Exercises (CR) 7:00 1:1 Table Hockey (BA)</p> <p style="text-align: center;">Mardi Gras</p>	<p>22 9:30 1:1 crosswords (2) 10:00 Ribbon Dance (3) 10:15 Exercise (4) 10:30 Animal kingdom Exercises (2) 1:30 Floral craft (CR) 1:30 1:1 Checkers Club (CR) 2:00 United Church (CH) 2:30 Music Appreciation(4) 3 :00 Horticultural Therapy (CR) 6:15 1:1 Aromatherapy(4)</p>	<p>23 9:30 1:1 short stories (2) 10:00 Chinese News Reading Club (CR) 10:15 Exercise (4) 10:30 Animal kingdom Exercises (2) 1:30 Floral craft (CR) 1:30 1:1 Checkers Club (CR) 2:00 United Church (CH) 2:30 Music Appreciation(4) 3 :00 Horticultural Therapy (CR) 6:15 1:1 Aromatherapy(4)</p>	<p>24 10:00 Craft: Bird feeders (CR) 10:00 Art Therapy (CH) 11:00-3:00 <i>Shopping trip: Bramalea city centre (O)</i> 2:00 Wheel of Actions (3) 3:30 1:1 Jigsaw Puzzle (CR) 4:00 Fun with Balls(4) 6:15 Movie night: resident choice(BA)</p>	<p>25 9:30 1:1 Sensory stimulation(all) 10:15 Can you name 5?(CR) 2:00 Black History Month Celebration(DR)</p>
<p>26 9:30 Reminiscing – Baking (all) 10:00 1:1Music Therapy with George (All) 12:45 Pet Therapy(all) 1:30 Interdenominational Church Service(CH) 2:30 Bingo(CR)</p>	<p>27 9:30 1:1 Morning hand massages (all) 10:00 Multi-faith Discussion(2) 10:30 Words Games(CR) 1:00 Stretch Band Exercise (3) 2:00 Memorial Service(CH) 3:30 Manicures (2) 7:00 Golf tournament (BA)</p>	<p>28 9:30 1:1 Baby sensory stimulation (All) 10:15 Fun and Fitness (4) 10:30 Plinko (2) 1:30 Art Therapy (CH) 2:00 Hot Potato Exercise(2) 3:00 Hungarian Church(CR) 3:30 1:1 Short Stories (3) 7:00 Sensory Stimulation Cart (3)</p>	<p>29 10:00 Exercise Class (CR) 10:30 Table Games(CR) 1:00-4:00 <i>Variety Village – Swimming & Fitness(O)</i> 2:30 Your favorite movie: Zorba the Greek(B) 3:30 Name that fruit(4) 6:15 Movie: Leap Year (BA)</p>	<p style="text-align: center;">Happy Valentine's and Family Days!</p> 		

(2)- 2 floor, (3)- 3rd floor, (4)- 4th floor , (CR) Craft room main floor, DR- Dining Room, (CH)- Chapel , (BA)- Basement, (O)- Outing, S- Salon/ Spa, (All) All floors